Slow Cooker Shredded Beef

Yield: 8

Prep Time: 25 minutes Cook Time: 10 hours

Ingredients:

1 (2-3lb) chuck roast

1 (15.5oz) can fire roasted crushed tomatoes

1 (4.5oz) can mild green chilis

1 yellow onion quartered

2 tablespoons chili powder

1 teaspoon smoked paprika

2 teaspoon garlic powder

1 teaspoon oregano

2 teaspoon salt

1 teaspoon pepper

- 1. Salt and pepper the roast well on all sides, about 2 teaspoons of salt and 1 teaspoon of pepper. Place roast in bottom of slow cooker.
- 2. In a blender add canned tomato, canned chiles, quartered onion, chili powder, smoked paprika, garlic powder and oregano. Pulse until onions chopped coarsely.
- 3. Cover the roast with sauce and set for 10 hours.
- 4. Check the roast about every 3 hours if able. You can turn the roast and baste with the sauce for a rich flavor.
- 5. When cooking time is complete gently shred the beef and stir to mix with remaining juices. Adjust salt as needed.
- 6. Serve with soft flour tortillas, shredded lettuce, guacamole and queso fresca.

^{*}Slow cooker red chile beef is great for tacos or enchiladas