

Mediterranean Salad

Prep Time: 20 minutes

Ingredients:

1 large red bell pepper (chopped to medium pieces)
1 large green bell pepper (chopped to medium pieces)
1 large English cucumber (quartered lengthwise and chopped to 1/2 inch pieces)
1/4 cup flat leaf parsley (chopped fine)
1/4 cup mint minced (chopped fine)
1/2-pint grape tomatoes (halved)
1 large clove garlic (grated or minced fine)
1/2 small red onion (about 1/4 cup)
1/3 cup Extra Virgin Olive Oil
1 medium lemon juiced
1 teaspoon kosher salt
fresh ground black pepper to taste
Feta cheese (optional)

1. Combine all ingredients in glass bowl and gently stir with silicone or wooden spoon.
2. Serve 1 days with herbed chicken, warm pita and yogurt sauce drizzle.